

WHY ME? HELP AND HOPE FOR THE HURTING: Introduction

Why me? Are you asking yourself that question right now? If so, you are probably going through one of the most difficult times of your life, and in need of some answers. The Word of God provides those answers in a manner that can help us successfully cope with whatever adversity we may be facing. The process for applying those Biblical principles and promises is relatively simple, yet anything but easy. So, prepare yourself to be challenged, and get ready to experience a change for the better in your life.

This study is a condensed version of a previously published book which I wrote several years ago. Each posted page will contain the essence of the original work, with the same goal in mind: to grapple with the why, what and how of suffering. Experiencing God's solution to this problem requires not only asking the above questions, but actively pursuing their answers. Yet we live in a quick-fix generation which creates a dilemma. In coping with the adversities of life, we face issues that are far too profound and significant to be dealt by means of a Band-Aid. In producing this study, I refused to succumb to the pressure of a quick fix.

This is why so much time has been devoted to providing an explanation for suffering. With an understanding of "why" we suffer, a foundation can be laid for developing a personal solution in regard to the "what and how." My sincere desire throughout, will be to accurately interpret and practically apply God's Word, as it pertains to this all-important topic. On the other hand, this attempt on my part, no matter how sincere, is neither infallible nor authoritative. That status is reserved exclusively for the Bible. Therefore, I encourage everyone to embrace the attitude of the noble Bereans in Acts 17:10-11, for the purpose of comparing my conclusions with Scripture itself, in order to develop your own perspective about this difficult subject. Finally, if you have any questions during the course of these posts, please feel free to contact me through our website: speakingtruthwithlove.com.

Sincerely in Christ,
Henry Igras
Acts 28:31

P.S.

For anyone who would be interested in receiving a complimentary copy of the book itself, just provide your mailing address through the contact page on our online ministry website: <https://speakingtruthwithlove.com/> and we will send one along, completely free of charge, to the first twenty individuals who request it.